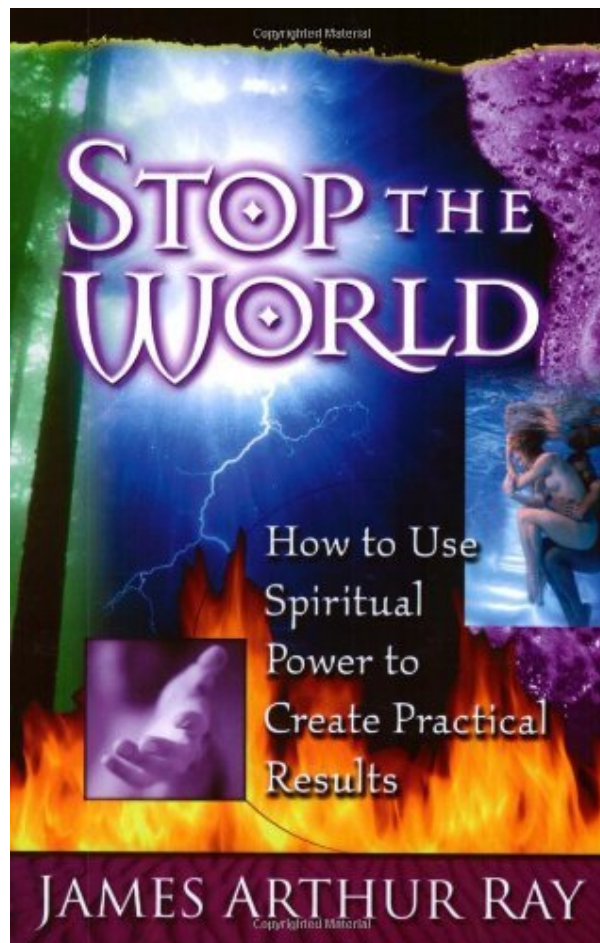
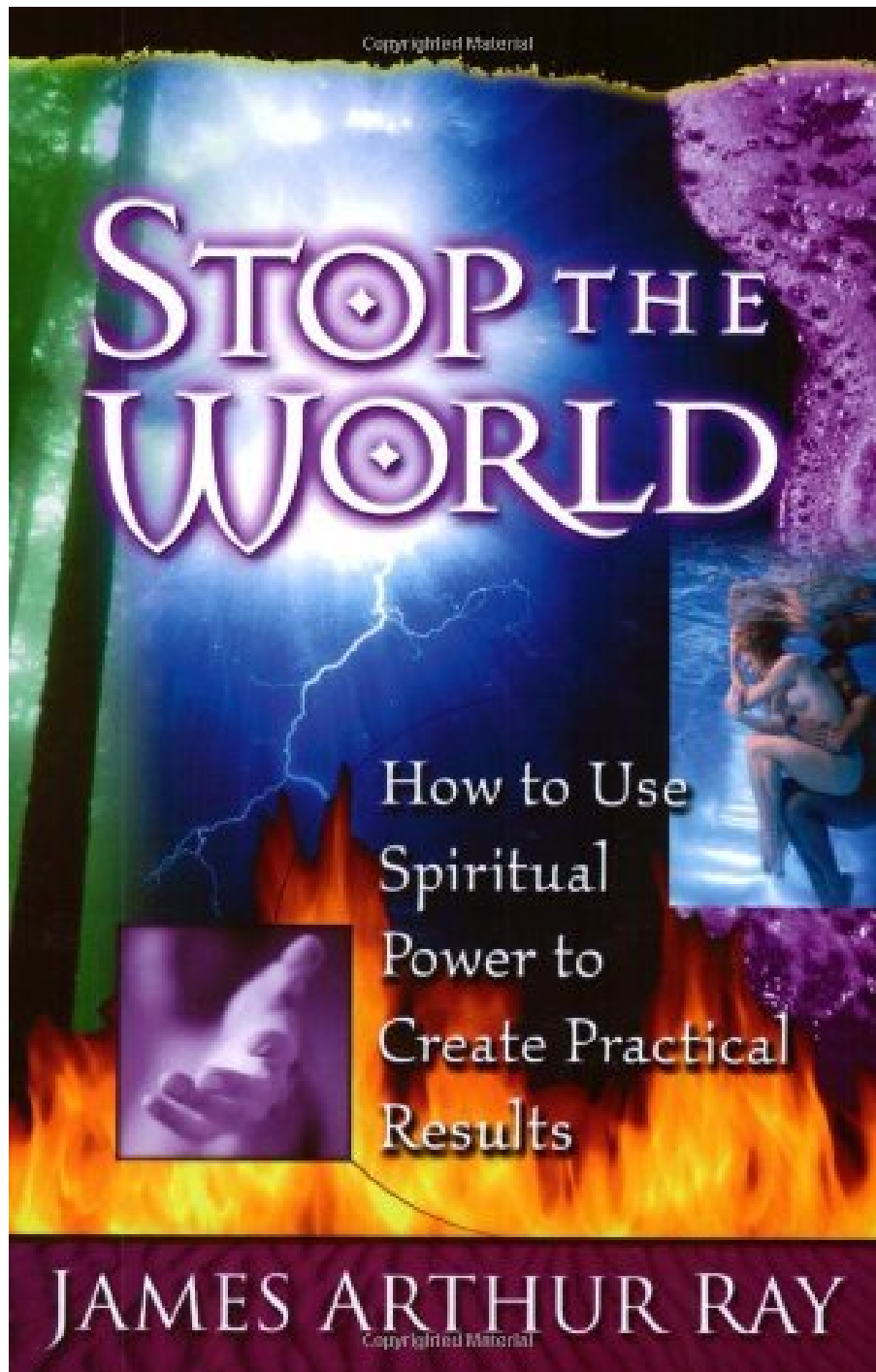


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About the Author

Known as a "practical mystic," James Ray grew up the son of a minister, immersed in traditional Christian religion. He later expanded his studies to include a multitude of other spiritual traditions and has been initiated into three shamanic orders from the Incan culture and the supernatural Huna tradition of ancient Hawaii.

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Stop the World shows you how to use your spiritual power in the quest for practical results. James Arthur Ray combines the potent ingredients of material goals and mysticism, demonstrating how you need both to get the most out of life. Stop the World makes applying ancient wisdom and the latest discoveries about how our world works--in the realm of physics and beyond--something you can do today. You get:

- Actionable, clear principles to achieve tangible success without sacrificing spirituality, and vice versa
- Straight talk to put you on the true path of power so you can avoid the mistakes most people make
- Ways to break out of the mass hypnosis of our time and become completely free from cultural conditioning

This is a must-read and a must-do for anyone who is truly committed to becoming his or her own person in a world where most people just follow along. It's time to wake up and Stop the World!

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Most helpful customer reviews

26 of 26 people found the following review helpful.

Great book if you need a kick in the pants

By Kai Virihaur

This book reminds me of the old days when I was devouring everything written by Carlos Castaneda. The difference is that Mr. Ray doesn't talk about the actual experiences he's had with his spiritual teachers --

rather, he tells you a few things about how you should (and shouldn't) live your life.

While I have no problem with the principles Mr. Ray is teaching (I am somewhat familiar with most of it already), I cannot help being turned off by his writing style. I feel that Mr. Ray shows an enormous contempt for the lifestyle of the average person. He uses words like "whimp" and "wet paper bag" rather frequently. I find this arrogant and snotty.

Sure, it is easy to get negative feelings when you notice how some people live, but a person at an advanced level of spiritual achievement ought to have gone beyond such negativity.

Also he talks about how people and relationships are "dispensable". My spontaneous thought when I read this is: "This guy obviously never has had children!" If he'd had the experience of caring for a baby of his own, he wouldn't be able to talk so flippantly about others being "dispensable".

He talks a lot about how he fights his Ego -- and I cannot help but think: "Seems like the Ego is fighting itself".

If you want to read a very different book about spirituality, I strongly recommend "The Power of Now" -- also I urge you to read "Soul on Fire": Soul on Fire: A Transformational Journey from Priest to Shaman by Peter Calhoun. The latter book takes a shamanic approach to spirituality, but unlike Mr. Rays' book it is devoid of arrogance and doesn't talk down to you. (I hope Mr. Ray will forgive me for recommending a competitor!)

28 of 33 people found the following review helpful.

More details, please

By Free Spirit

This book gives a general overview of spiritual principles but could have included detailed information as to how they work, why they work and more importantly, specific methods of applying them to the reader's life in a practical way. If you are looking for a mere introduction then you will like this book, but if you want real details (that is, a more "HOW TO", hands-on, life-altering approach to spirituality) I suggest the following books: YOU CAN HEAL YOUR LIFE by Louise Hay, THE POWER IS WITHIN YOU by Louise Hay, MANIFEST YOUR DESTINY by Wayne Dyer and THE DIRECT PATH by Andrew Harvey (read in that order) as a good place to start. The techniques offered in the DIRECT PATH will keep you busy for years. The Metta technique described in that book is very effective. Peace and love!

8 of 9 people found the following review helpful.

29 Practical Tips for Living a More Spiritual & Powerful Life

By Dr Lisa Love

I first learned about James Ray a year before his association with The Secret book and Law of Attraction principles. I knew he had been on Larry King and was known as a Life Coach who talked about prosperity and the law of attraction. I also became aware that he was into spirituality and considered himself a practical mystic. After I wrote my own book on the Law of Attraction in 2007, Beyond the Secret: Spiritual Power and the Law of Attraction, I was interested to see that this book by James Ray included the words Spiritual Power in his sub-title. So, I purchased this book curious to learn more about him and his views.

First, I got the book at Barnes & Nobel (sorry Amazon) and paid the full price of \$24.95. Considering the thin size of the book I was a bit shocked at the price. It is only 140 pages long and books that go for that price are usually 250 - 300 or more pages in length! But, I wanted to see what he said, so I purchased it anyway. (By the way, Amazon.com is cheaper and to be honest I would have felt best if I had bought it here as a used or "like new" book for a lot less money).

Price aside, I was pleased with the content. The book is outlined as a series of 29 tips with a three to four pages of recommendations about each tip. Tips from the Table of Contents include: Transcend the Ego, Less is More, Be Unique, Just Be, Find Comfort in Discomfort, and so on. What I liked best about these tips was how congruent they were with what I also consider to be a practical approach to spirituality. Ray's advice is full of wisdom and insight that can only be ascertained by someone who is attempting to actually live a spiritual life. It let me know that Ray is someone who is walking the walk and not just talking the talk. This gives what he writes a level of authenticity which for a savvy reader like me is a requirement (and is useful for those who may not have read a lot of spiritual books).

And, I truly believe that anyone who follows the advice Ray gives in this book will experience a more meaningful and powerful life based on an ability to stand on your own in life as an authentic, dynamic, and powerful human being in a truly spiritual way. On a totally different note, it also left me wondering about Ray's affiliation with the popular *The Secret* book. I say this because as this book by Ray reveals, he seems in alignment with principles that go way beyond the hype and materialistic view that was the main presentation of *The Secret*. Hey, I understand, it was a hugely successful book and anyone who was included in it got a marketing boost. It's just I believe you will discover what James Ray is really all about by reading this book, which is much more in alignment with the teachings in my own book, *Beyond the Secret*, which states that the "real secret" in life has nothing to do with the law of attraction, which can be used in a selfish, or selfless way. The "real secret" has to do with what kind of person you become while you are here. *Practical Spirituality* and James Ray give you that kind of guidance. It was a pleasure to learn more about him. And a gift to read this powerful and rewarding book.

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