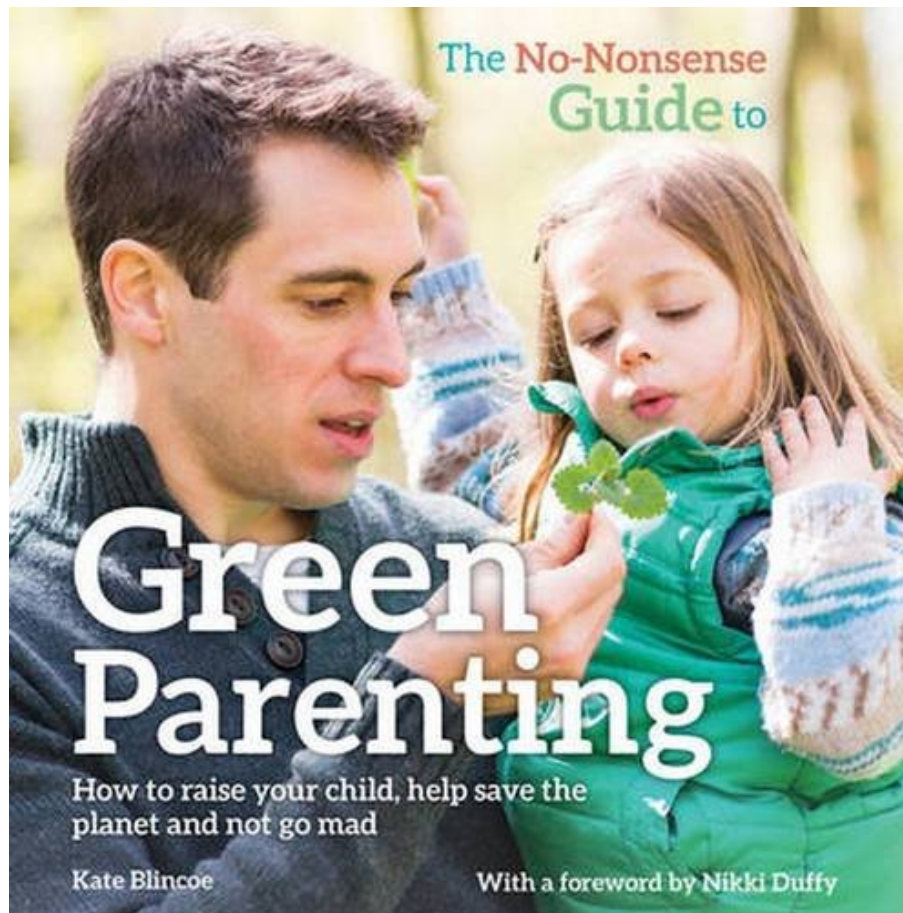


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Review

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Guides parents who want to be green, but don't know how to balance that in a busy modern life

In this fun, practical, and inspirational guide, you'll learn how to maintain your green values while raising your children, engaging with nature, and getting outdoors—all without feeling guilty about the inevitable compromises. Aimed at parents of zero to 10-year-olds, this book takes a humorous and lighthearted look at all things green and nature inspired. Based on Kate Blincoe's own experiences as an eco-aware parent, the book's message is that it's not about being perfect—it's about giving it a try, feeling the benefits for your family, and having fun while you do it. This guide provides essential advice on food and eating, eco-buying, learning and playing, family-friendly foraging, growing plants and food with your family, green days out, activities and parties, green parenting in the city, and balancing your green ideals in a busy life. Kate's pragmatic approach will inspire you to balance green living with the realities of raising children.

- Sales Rank: #7130837 in Books
- Published on: 2015-11-01
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x 8.50" w x .50" l, 1.28 pounds
- Binding: Paperback
- 208 pages

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This book is a nice book of parenting tips from pregnancy through young childhood ...

By David's Wife

This book is a nice book of parenting tips from pregnancy through young childhood about how to live green with your family. From toys and play to house cleaning, food, and more, each chapter has a "Is it Green or Gross...?" section as well as some sort of list of tips and resources, such as book suggestions for children, craft ideas, "top ten tips for ... greening your supermarket shop", gardening, and more. The author is British and the book refers to activities and other things that are specific to Great Britain, but could be adapted to be applicable to anywhere. I think that new parents can find some good ideas about green living in this book. I received this book free to review from Netgalley.

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By Amateur Dad

As a dad looking for new ideas to get my 3 year old outside and enjoying our natural environment this book is perfect. Its full of challenges that make caring for the environment and being a parent seem both achievable and fun. I like the chatty humorous writing style and my mum is a big fan of Grumpy Granny's no-nonsense style too!

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